







Activities in Sardinia – Summer 2020

All activities are flexible and date/time might be subject to change to fit the group's preference/needs.
Prices do not include transport to the location of the tour (Cagliari or Nora).

	Description	Ticket	Day and time
	<p align="center">City tour on a traditional "Ape"</p> <p>Alberto and his crew will bring us on their Ape's on a tour through the 4 different neighborhoods of Cagliari, showing us the most important monuments and some of the secret corners of the city. With the ape we will easily climb up and down Cagliari's hills and get to the most charming alleys in the historical centre.</p>	<p align="center">€20 per person for 1 hour tour</p>	<p align="center">Monday afternoon</p>
	<p align="center">Apertitive on a boat at sunset in the harbour of Cagliari</p> <p>We will sail from the harbour of Cagliari to admire the coast at sunset and in the meanwhile enjoy a delicious Sardinian aperitive. For those who wish there is the possibility to stop for a swim in crystal clear water!</p>	<p align="center">€25 per person including aperitive (2 hours)</p>	<p align="center">Tuesday evening</p>

	<p style="text-align: center;">Visit to Nora archeological site</p> <p>The archaeological site of Nora enjoys a scenic location on the sea front, dominated by the Spanish Tower.</p> <p>The antiquity of the Foundation of Nora is testified by a Phoenician style dating back to IX-VIII B.C, preserved at the Archaeological Museum of Cagliari, where the word Sardinia: “Shrdrn”, is first mentioned. The peninsula has hosted the Phoenicians, Carthaginians, and Romans, all of whom transformed the scenario, leaving traces of their occupation, until the Middle Ages, when the city was abandoned after the Arab invasions. Today the most easily visible are the Roman ruins: beautiful mosaics, temples (the most important among them is the Temple of Aesculapius), patrician villas, cobbled streets, the baths and the famous theatre of Nora.</p>	<p style="text-align: center;">€8 per person https://www.nora.sardegna.it/#top</p>	<p style="text-align: center;">Friday afternoon</p>
	<p style="text-align: center;">Visit to Mercato di San Benedetto</p> <p>In Cagliari we find a special place, known and appreciated throughout Italy, full of life, colors and intense aromas: The Civic Market of San Benedetto. With its 8000 square meters it is considered the largest covered market in Italy and one of the largest in Europe. It houses the most authentic and popular soul of the city and is a gateway to the surrounding area and to the whole of Sardinia. Local and artisanal productions, but also the spontaneous products of the sea and the countryside are widely represented in the most important Cagliari market.</p>	<p style="text-align: center;">15€ per person (2 hours tour)</p>	<p style="text-align: center;">Wednesday morning</p>

	<p>Naturalistic walk - short trekking (1.5/2 h)</p> <p>The area of Poggio dei Pini, where the B&B is situated is a very beautiful naturalistic area, with a lake, hills and valleys and amazing panoramas that open up until the sea. We will walk together in this colourful countryside and discover its perfumes and beauties.</p>	<p>€15 per person (2 hours)</p>	<p>Monday evening</p>
	<p>Sardinian cooking class and dinner</p> <p>“Bottarga con sedano e carote, culurgiones di patate, agnello ai piselli, fregole con le arselle, maialetto arrosto, sebadas” ... And more! Here in the kitchen of the B&B you will learn to make some traditional delicious Sardinian dishes, while having fun, practicing your Italian and drinking a glass of wine. At the end we will all enjoy together a nice dinner on the terrace. (choice between fish or meat menu)</p>	<p>€ 45 /50 - meat or fish dinner - per person including workshop and dinner with wine (minimum 3 people)</p>	<p>Thursday afternoon/evening</p>